Dear [NAME OF MP]

We are currently experiencing the worst public health crisis in over a century. The outbreak of COVID-19 has had a tremendous impact on our NHS and our economy, leaving many people vulnerable.

I am a business owner / self-employed/ an academic / an artist / a professional xxx and my activity has been profoundly impacted by COVID-19 and I do not know when or how things will recover.

My business involves (*include short description of the business*). Since COVID-19 I have been unable to generate any / very little income because (*include short explanation*).

I fear that leaving the EU without a deal in place will exacerbate this already precarious situation because (*use the bullets below if they are relevant or better still include your own explanation*):

* *It will be more costly for me to sell into the EU markets I currently work with because of potential tariffs and additional paperwork*
* *European customers will find it more attractive to buy from other companies in Europe rather than from me because it will be easier and cheaper for them*
* *It will be more difficult for me to find the staff / collaborators to work with because Europeans will no longer be able to work in the UK and I work with many Europeans*
* *Many of the activities I was involved with in the UK have closed down so now I no longer have access to these nor to their equivalent in Europe*

The government knows full well difficult situation people like me are in. Despite this, the government is continuing to put ideology before country by rejecting calls from across the political spectrum to extend the transition period. The simple truth is that my business / my activity cannot cope with both the effects of leaving the EU without a deal in place and COVID- 19.

Polling shows that 2/3 of the country want an extension (“we have enough to cope with”) including about 50% of Leave voters.

We must tackle one problem at a time. This isn’t about Brexit. It isn’t about who voted leave or remain. It is about doing what is in the national interest and protecting our economy and our NHS. This is your opportunity to show that Labour is on the side of the British people in this moment of crisis.

Yours sincerely

[Your name and full address]